

Conflict Resolution Tips For Kids

I Love You Rituals
The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration
The Essential Guide to Workplace Mediation & Conflict Resolution
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The Happy Kid Handbook
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Solving Thorny Behavior Problems
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Conflict Resolution
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I Love You Rituals

Lesson plans for teachers of grades K-2 explain conflict and its causes, offer examples from literature, and suggest activities for resolving hypothetical conflicts

The Big Book of Conflict Resolution Games: Quick, Effective Activities to Improve Communication, Trust and Collaboration

I Love You Rituals offers more than seventy delightful rhymes and games that send the message of unconditional love and enhance children's social, emotional, and school success. Winner of a 1999 Parent's Guide Children's Media Award, these positive nursery rhymes, interactive finger plays, soothing games, and physically active can be played with children from infancy through age eight. In only minutes a day, these powerful rituals: Prime a child's brain for learning Help children cope with change Enhance attention, cooperation, and self-esteem Help busy families stay close Affirm the parent-child bond that insulates children from violence, peer pressure, and drugs, and much more. Easy to learn and especially effective in stressful situations, I Love You Rituals gives parents, grandparents, caregivers, and teachers inspiring tools to help children thrive.

The Essential Guide to Workplace Mediation & Conflict Resolution

In this brilliant inside look at mental illness that weaves together three timelines, Greyson Todd leaves his successful Hollywood career and wife and young daughter to travel the world, giving free reign to the bipolar disorder he has been forced to keep hidden for almost 20 years.

Group Time

Zach and his family go to the beach, but Zach is having a lousy day. First, he dropped his toothbrush in the toilet. Then his best friend went to someone else's birthday party instead of joining him. But most frustrating of all, he can't get his kite to fly! Zach kicks sand, yells angry words, and asks his dad if they can just go home now. Instead, his dad teaches him a simple, three-step approach to get a handle on frustration and find a way to enjoy himself even when things aren't going his way: 1) name it (why are you frustrated?); 2) tame it (self-regulation exercises such as deep breathing or visualization); 3) reframe it (change your thoughts to change your feelings). The three-point strategy is presented as the three corners of a triangle and is illustrated as the corners of Zach's kite. Easy to understand and easy to remember. Zach Rules Series Zach struggles with social issues like getting along, handling frustrations, making mistakes, and other everyday problems typical of young kids. Each book in the Zach Rules series presents a single, simple storyline involving one such problem. As each story develops, Zach and readers learn straightforward tools for coping with their struggles and building stronger relationships now and in the future.

The Happy Kid Handbook

The PEERS® Curriculum for School-Based Professionals brings UCLA's highly acclaimed and widely popular PEERS program into the school setting. This sixteen-week program, clinically proven to significantly improve social skills and social interactions among teens with autism spectrum disorder, is now customized for the needs of psychologists, counselors, speech pathologists, administrators, and teachers. The manual is broken down into clearly divided lesson plans, each of which have concrete rules and steps, corresponding homework assignments, plans for review, and unique, fun activities to ensure that teens are comfortable incorporating what they've learned. The curriculum also includes parent handouts, tips for preparing for each lesson, strategies for overcoming potential pitfalls, and the research underlying this transformative program.

Screenwise

Some negotiations are easy. Others are more difficult. And then there are situations that seem completely hopeless. Conflict is escalating, people are getting aggressive, and no one is willing to back down. And to top it off, you have little power or other resources to work with. Harvard professor and negotiation adviser Deepak Malhotra shows how to defuse even the most potentially explosive situations and to find success when things seem impossible. Malhotra identifies three broad approaches for breaking deadlocks and resolving conflicts, and draws out scores of actionable lessons using behind-the-scenes stories of fascinating real-life negotiations, including drafting of the US Constitution, resolving the Cuban Missile Crisis, ending bitter disputes in the NFL and NHL, and beating the odds in complex business situations. But he also shows how these same principles and tactics can be applied in everyday life, whether you are making corporate deals, negotiating job offers, resolving business disputes, tackling obstacles in personal relationships, or even negotiating with children. As Malhotra reminds us, regardless

of the context or which issues are on the table, negotiation is always, fundamentally, about human interaction. No matter how high the stakes or how protracted the dispute, the object of negotiation is to engage with other human beings in a way that leads to better understandings and agreements. The principles and strategies in this book will help you do this more effectively in every situation.

Solving Thorny Behavior Problems

Successful management depends on the ability to quickly and effectively manage conflicts. Conflict Resolution includes hands-on information for effectively communicating with employees, disciplining and even terminating employees, understanding and using organizational politics, and more.

Easy-To-Read Folktale Plays to Teach Conflict Resolution

Noting that many teachers and parents are baffled by the repetitiveness of young children's conflict and by their own reaction to it, this book describes how adults can help children find alternatives to hurtful words and fighting by settling differences through a six-step mediation process based on several basic adult-child interaction strategies: listening actively, acknowledging feelings and ideas, and encouraging decision making. This process is explained through stories of actual conflict experiences in which adults and children resolve disputes successfully. Chapters 1 through 4 provide an overview of and a rationale for the problem-solving approach. The six steps to the approach are: (1) approach calmly, stopping any hurtful actions; (2) acknowledge children's feelings; (3) gather information; (4) restate the problem; (5) ask for ideas for solutions and choose one together; and (6) be prepared to give follow-up support. Chapter 5 describes the growth of two young problem solvers during their preschool years. Chapter 6 discusses a small-group discussion process that adults can use at non-conflict times to encourage children to talk over chronic problems. Chapter 7 discusses prevention strategies for reducing the frequency of classroom conflicts. Chapter 8 details the strategies of peer mediation in elementary schools and describes a school-wide mediation structure and group-discussion curriculum. Appended are sample letters and handouts for parents to ease the transition between school and home. (Contains 57 references.) (KB)

Teaching Conflict Resolution with the Rainbow Kids Program

"Parents, this book offers direct, sense-making, step-by-step exercises that parents can do with their children to increase their social skills and awareness. Based on the highly successful social skills training groups that have been directed by Cathi Cohen for many years, *Raise Your Child's Social I.Q.* provides parents with the structure to work on skills at home--how to join a group, how to choose friends, how to notice what people around you are feeling, how to handle angry feelings and much, much more."

The Yes Brain

“Raines masterfully blends the latest empirical research on workplace conflict with practical knowledge, skills, and tools to effectively manage and prevent a wide range of conflict episodes. This is a highly applicable ‘top shelf book’ that will assist anyone from the aspiring manager to top level management and leadership in the public, private, and nonprofit sectors. It will also be a fast favorite of professors, trainers, and students of business and conflict management.” - Brian Polkinghorn, Distinguished Professor, Center for Conflict Resolution, Salisbury University. “With her broad dispute resolution, teaching, and editing experience, Susan Raines is uniquely qualified to organize what is known about conflict management in the workplace. She has succeeded in providing private, public, and nonprofit managers with accessible concepts and tools to deal effectively with the internal and external conflicts they must confront every day. Essential reading for all managers!” - Alan E. Gross, senior director, training coordinator, New York Peace Institute “After reading an advance copy of Raine’s impressive book, I can’t wait to begin to use it as a seminal text in my classes in organizational conflict. I am amazed at her ability to cover so well such disparate subjects as systems design, public policy disputes, small and large group processes, customer conflicts, conflicts in a unionized environment, and conflicts within regulatory contexts. Her user-friendly writing style is enhanced by her salient examples of exemplary and mistake-laden practices within public and private sector organizations. A ‘must-read’ for scholars, students, and practitioners interested in organizational conflict.” - Neil H. Katz, professor, Conflict Analysis and Resolution, Nova-Southeastern University “Conflict management skills are essential to a manager’s success. Raines, a leading scholar and practitioner, provides a comprehensive and strategic new guide to these critical skills and how to use them in any organization.” - Lisa Blomgren Bingham, Keller-Runden Professor of Public Service, School of Public and Environmental Affairs, Indiana University

Super Emma

When Tyler is teased by the other boys, his good friend, Danae, encourages him to give the boys A Bug and a Wish. When Tyler finds a ladybug and a dandelion seed, he is convinced that this is what Danae means. As his friend helps him learn the true meaning of her advice, Tyler soon discovers the solution to his problem.

Teaching Conflict Resolution Through Children's Literature

10 reproducible plays from around the world with engaging activities that help kids build the skills they need to prevent and resolve conflicts.

You Can't Come to My Birthday Party!

Audrey "Sunshine" Monke, mother of five and camp owner-director, shares nine powerful parenting techniques-inspired by the research-based practices of summer camp-to help kids thrive and families become closer. Research has proven that kids are happier and gain essential social and emotional skills at camp. A recognized parenting expert, Audrey Monke distills what she's learned from thousands of interactions with campers, camp counselors, and parents, and from her research in positive psychology, to offer intentional strategies parents can use

to foster the benefits of camp at home. Our screen-obsessed, competitive society makes it harder than ever to raise happy, thriving kids. But there are tried-and-true methods that can help. Instead of rearing a generation of children who are overwhelmed, anxious, depressed, and who struggle to become independent, responsible adults, parents can create a culture that promotes the growth of important character traits and the social skills kids need for meaningful, successful lives. Thousands of parents attest to the "magical" benefits of summer camp for their kids, noting their children return more joyful, positive, confident, and resilient after just a few weeks. But you can learn exactly what it takes to promote these benefits at home. Complete with specific ideas to implement the most effective summer camp secrets, HAPPY CAMPERS is a one of a kind resource for raising happy, socially intelligent, successful kids.

A Bug and a Wish

With all the parenting information out there and the constant pressure to be the "perfect" parent, it seems as if many parents have lost track of one very important piece of the parenting puzzle: raising happy kids. Parenting today has gotten far too complicated. It's never been the easiest job in the world, but with all the "parenting advice" parents are met with at every corner, it's hard not to become bewildered. It seems that in the past it was a good deal simpler. You made sure there was dinner on the table and the kids got to school on time and no one set anything on fire, and you called it a success. But today everybody has a different method for dealing with the madness--attachment parenting, free-range parenting, mindful parenting. And who is to say one is more right or better than another? How do you choose? The truth is that whatever drumbeat you march to, all parents would agree that we just want our kids to be happy. It seems like a no-brainer, right? But in the face of all the many parenting theories out there, happiness feels like it has become incidental. That's where *The Happy Kid Handbook* by child and adolescent psychotherapist and parenting expert Katie Hurley comes in. She shows parents how happiness is the key to raising confident, capable children. It's not about giving in every time your child wants something so they won't feel bad when you say no, or making sure that they're taking that art class, and the ballet class, and the soccer class (to help with their creativity and their coordination and all that excess energy). Happiness is about parenting the individual, because not every child is the same, and not every child will respond to parenting the same way. By exploring the differences among introverts, extroverts, and everything in between, this definitive guide to parenting offers parents the specific strategies they need to meet their child exactly where he or she needs to be met from a social-emotional perspective. A back-to-basics guide to parenting, *The Happy Kid Handbook* is a must-have for any parent hoping to be the best parent they can be.

No Kidding About Bullying

Based on the view that making social concepts and feelings concrete would help children in primary grades to take turns, cooperate, and solve their problems respectfully, this curriculum uses a story about the Rainbow Kids, an imaginary community of children, to introduce children to social concepts and conflict resolution skills. The Rainbow Kids experience emotions that are conveyed by the weather around them. These simple "sunny" and "cloudy" metaphors turn abstract

notions of behavior into physical expressions young children can easily comprehend. Part 1 of the curriculum guide describes the impetus for the program, discusses how the program works, summarizes the story, and details the procedures involved in presenting the program. Part 2 contains the seven lessons and two activities comprising the program; this part includes sample program materials in six appendices, and lists selected resources for elementary school teachers. Part 3 is a separate booklet for students containing "The Rainbow Kids" story. (Contains 15 references.) (KB)

Zach Gets Frustrated

Contains activities, discussion questions, and other exercises that teachers can use along with Julia Cook's illustrated story, "A Bad Case of Tattle Tongue," to teach students the differences between tattling and warning.

Too Bright to Hear Too Loud to See

After a research survey, the expert authors examined the common causes of workplace conflict in libraries. The authors have developed 17 scenarios of conflict, along with realistic ways to manage them.

Trouble at the Watering Hole (Hindi Translation)

Emma McGraw just can't sit back and watch someone being teased?especially one of her friends. So when class bully Jared Matthews chooses EllRay Jakes as his next target, Emma can't hold back. But unfortunately for Emma, her good deed is not appreciated. Instead of helping EllRay, Emma just embarrassed him. What boy wants to be 'saved' by a girl?! Now everyone is calling her Super Emma, and Jared has set his sights on her. Who will rescue Emma now that Jared is tossing around threats? Her superhero may be someone she would never have thought of.

Raising Mediators

Janet Lansbury's advice on respectful parenting is quoted and shared by millions of readers worldwide. Inspired by the pioneering parenting philosophy of her friend and mentor, Magda Gerber, Janet's influential voice encourages parents and child care professionals to perceive babies as unique, capable human beings with natural abilities to learn without being taught; to develop motor and cognitive skills; communicate; face age appropriate struggles; initiate and direct independent play for extended periods; and much more. Once we are able to view our children in this light, even the most common daily parenting experiences become stimulating opportunities to learn, discover, and to connect with our child. "Elevating Child Care" is a collection of 30 popular and widely read articles from Janet's website that focus on some of the most common infant/toddler issues: eating, sleeping, diaper changes, communication, separation, focus and attention span, creativity, boundaries, and more. Eschewing the quick-fix 'tips and tricks' of popular parenting culture, Janet's insightful philosophy lays the foundation for a closer, more fulfilling parent/child relationship, and children who grow up to be authentic, confident, successful adults.

Raise Your Child's Social IQ

"Children everywhere want to fit in with a group, resist peer pressure, and be good sports--but even the most socially adept children struggle at times. But after reading this guide on their own or with a caring adult, kids everywhere [may] be [more] equipped to face any friendship challenges that come their way"--Amazon.com.

Talk and Work It Out

This revised and updated second edition features ideas from the latest research, more information on long-distance parenting, dealing with the courts, and working with a difficult co-parent. "Parents argue a lot before a divorce," says Dr. Stahl. "If they continue to argue after the divorce, their children will suffer." Stahl knows parents are not perfect, and he uses that knowledge to show imperfect parents how to settle their differences in the best interests of the children. Often required reading in court-mandated divorce education classes.

Elevating Child Care: A Guide to Respectful Parenting

Offers techniques for helping chronically inflexible children, shows how brain-based deficits contribute to these problems, and suggests ways to calm things down.

I Can Learn Social Skills!

Make workplace conflict resolution a game that EVERYBODY wins! Recent studies show that typical managers devote more than a quarter of their time to resolving coworker disputes. The Big Book of Conflict-Resolution Games offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication, cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let The Big Book of Conflict-Resolution Games help you to: Build trust Foster morale Improve processes Overcome diversity issues And more Dozens of physical and verbal activities help create a safe environment for teams to explore several common forms of conflict—and their resolution. Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in The Big Book of Conflict-Resolution Games delivers everything you need to make your workplace more efficient, effective, and engaged.

The Survival Guide for Making and Being Friends

Solutions for navigating an ever-changing social media world Today's students face a challenging paradox: the digital tools they need to complete their work are often the source of their biggest distractions. Students can quickly become overwhelmed trying to manage the daily confluence of online interactions with schoolwork, extracurricular activities, and family life. Written by noted author and educator Ana

Homayoun, *Social Media Wellness* is the first book to successfully decode the new language of social media for parents and educators and provide pragmatic solutions to help students: Manage distractions Focus and prioritize Improve time-management Become more organized and boost productivity Decrease stress and build empathy With fresh insights and a solutions-oriented perspective, this crucial guide will help parents, educators and students work together to promote healthy socialization, effective self-regulation, and overall safety and wellness. "Ana Homayoun has written the very book I've yearned for, a must-read for teachers and parents. I have been recommending Ana's work for years, but *Social Media Wellness* is her best yet; a thorough, well-researched and eloquent resource for parents and teachers seeking guidance about how to help children navigate the treacherous, ever-changing waters of social media and the digital world." —Jessica Lahey, *New York Times* Bestselling Author of *The Gift of Failure* "This is the book I've been waiting for. Ana Homayoun gives concrete strategies for parents to talk with their teens without using judgment and fear as tools. This is a guidebook you can pick up at anytime, and which your teen can read, too. I'll be recommending it to everyone I know." —Rachel Simmons, *New York Times* Bestselling Author of *The Curse of the Good Girl* Read About Ana Homayoun in the news: *NYTimes*, *The Secret Social Media Lives of Teenagers* *Pacific Standard*, *Holier Than Thou IPO: Snapchat and Effective Parenting* *Parenttoolkit.com*, *Emojis, Streaks, Stories, and Scores: What Parents Need to Know About Snapchat* *Los Angeles Review of Books*, *Life and Death 2.0: When Your Grandmother Dies Online*

A Bad Case of Tattle Tongue Activity and Idea Book

From the authors of *The Whole-Brain Child* and *No-Drama Discipline*, an indispensable guide to unlocking your child's innate capacity for resilience, compassion, and creativity. When facing contentious issues such as screen time, food choices, and bedtime, children often act out or shut down, responding with reactivity instead of receptivity. This is what *New York Times* bestselling authors Daniel J. Siegel and Tina Payne Bryson call a No Brain response. But our kids can be taught to approach life with openness and curiosity. When kids work from a Yes Brain, they're more willing to take chances and explore. They're more curious and imaginative. They're better at relationships and handling adversity. In *The Yes Brain*, the authors give parents skills, scripts, and activities to bring kids of all ages into the beneficial "yes" state. You'll learn * the four fundamentals of the Yes Brain--balance, resilience, insight, and empathy--and how to strengthen them * the key to knowing when kids need a gentle push out of a comfort zone vs. needing the "cushion" of safety and familiarity * strategies for navigating away from negative behavioral and emotional states (aggression and withdrawal) and expanding your child's capacity for positivity *The Yes Brain* is an essential tool for nurturing positive potential and keeping your child's inner spark glowing and growing strong. Praise for *The Yes Brain* "This unique and exciting book shows us how to help children embrace life with all of its challenges and thrive in the modern world. Integrating research from social development, clinical psychology, and neuroscience, it's a veritable treasure chest of parenting insights and techniques."--Carol S. Dweck, Ph.D., author of *Mindset* "I have never read a better, clearer explanation of the impact parenting can have on a child's brain and personality."--Michael Thompson, Ph.D. "Easily assimilated and informative, the book will help adults enable children to lead physically and emotionally satisfying

and well-rounded lives filled with purpose and meaningful relationships. Edifying, easy-to-understand scientific research that shows the benefits that accrue when a child is encouraged to be inquisitive, spirited, and intrepid."--Kirkus Reviews

The Explosive Child

Clear, simple language and realistic illustrations teach children the process of peaceful conflict resolution.

When I Feel Angry

Playful poetry to teach basic social skills in a lighthearted way. Teach and foster social skills with this lively collection of poems for children. Strong social skills are the key to getting along, succeeding in school and at home, and enjoying time with others. Yet for many kids, greetings, eye contact, playing, competing, managing emotions, apologizing, and other essential social skills feel unnatural. One thing that is natural is the appeal of rhyming poems: they are fun to read aloud and easy to remember. These poems for children teach how to improve social skills with a lighthearted touch. Photos showing diverse kids accompany the book's playful, often humorous language. Activities and lessons at the back of the book help adults guide children in learning social skills.

The PEERS® Curriculum for School Based Professionals

"A guide for parents of girls ages 3 to 13"--Cover.

Conflict Resolution

"Find out how to successfully resolve your most emotionally charged conflicts. In this landmark book, world-renowned Harvard negotiation expert Daniel Shapiro presents a groundbreaking, practical method to reconcile your most contentious relationships and untangle your toughest conflicts. Before you get into your next conflict, read *Negotiating the Nonnegotiable*. It is not just "another book on conflict resolution," but a crucial step-by-step guide to resolve life's most emotionally challenging conflicts--whether between spouses, a parent and child, a boss and an employee, or rival communities or nations. These conflicts can feel nonnegotiable because they threaten your identity and trigger what Shapiro calls the Tribes Effect, a divisive mind-set that pits you against the other side. Once you fall prey to this mind-set, even a trivial argument with a family member or colleague can mushroom into an emotional uproar. Shapiro offers a powerful way out, drawing on his pioneering research and global fieldwork in consulting for everyone from heads of state to business leaders, embattled marital couples to families in crisis. And he also shares his insights from negotiating with three of the world's toughest negotiators--his three young sons. This is a must read to improve your professional and personal relationships"--

Growing Friendships

After more than three decades of helping professionals work with some of the most

challenging children, the LSCI Institute now adapts its brain-based, trauma-informed, kid-centered approach to the unique needs of parents and caregivers. *Parenting the Challenging Child: The 4-Step Way to Turn Problem Situations Into Learning Opportunities* provides readers with: Specific skills for building more positive relationships with kids Proven strategies for de-escalating stressful situations A reliable 4-step framework for turning common problem situations into lasting learning opportunities After reading this solution-focused book, you will be equipped with new skills to identify and change six problematic patterns of behavior in young people. Even more importantly, you will learn about yourself and how simple changes in the way you interact with your loved ones during a problem situation can significantly improve your relationship and their future behaviors.

Happy Campers

At circle time, children can investigate cognitive activities together. As you introduce new themes, children learn to help plan curriculum, record ideas, explore language and literacy, and investigate and discuss math and science concepts.

Parenting After Divorce

Practical, research-based activities for educators to teach students positive skills and attitudes to increase kindness and prevent bullying. With new lessons, an added foreword, and a revised introduction, this updated edition of *No Kidding About Bullying* gives educators and youth leaders hands-on activities to prevent bullying in schools and help kids in grades 3–6 cope with the effects of bullying when it does occur. Based on a nationwide survey of more than 2,000 students and teachers, this flexible resource can be used alone or as a complement to anti-bullying and character education programs already in place. Each of the 126 lessons may be completed in 20 minutes or less and include games, role-plays, group discussions, art projects, and language arts exercises that build respect, empathy, and kindness. Digital content includes student handouts from the book and bonus materials.

Conflict Management for Libraries

Arguing, excluding classmates, forming cliques, "forgetting" to do homework, refusing to do work, balking at sharing. These problems, so common in elementary classrooms, can disrupt learning, frustrate children, and exhaust teachers. This book gives you five strategies for working with children to solve these sorts of problems. You'll learn to use: problem-solving conferences, conflict resolution, role-playing, class meetings, and individual written agreements. With warmth, wit, and deep insight into classroom life, veteran teacher Caltha Crowe guides teachers in making the most of each strategy. She includes detailed steps, true stories from classrooms, actual conversations with students, and answers to real teachers' questions. Interactive planning pages will help you adapt the strategies for your own students.

Negotiating the Impossible

Whether kids find socializing as natural as smiling or as hard as learning a foreign language, this book can help them improve their social skills so they can better enjoy the benefits of friendship. Practical advice covers everything from breaking the ice to developing friendships to overcoming problems. True-to-life vignettes, "what would you do?" scenarios, voluminous examples, quizzes to test learning, "Try This" assignments for practicing techniques, and advice from real kids make this an accessible life-skills handbook.

Negotiating the Nonnegotiable

Screenwise offers a realistic and optimistic perspective on how to thoughtfully guide kids in the digital age. Many parents feel that their kids are addicted, detached, or distracted because of their digital devices. Media expert Devorah Heitner, however, believes that technology offers huge potential to our children-if parents help them. Using the foundation of their own values and experiences, parents and educators can learn about the digital world to help set kids up for a lifetime of success in a world fueled by technology. Screenwise is a guide to understanding more about what it is like for children to grow up with technology, and to recognizing the special challenges-and advantages-that contemporary kids and teens experience thanks to this level of connection. In it, Heitner presents practical parenting "hacks": quick ideas that you can implement today that will help you understand and relate to your digital native. The book will empower parents to recognize that the wisdom that they have gained throughout their lives is a relevant and urgently needed supplement to their kid's digital savvy, and help them develop skills for managing the new challenges of parenting. Based on real-life stories from other parents and Heitner's wealth of knowledge on the subject, Screenwise teaches parents what they need to know in order to raise responsible digital citizens.

Social Media Wellness

Anger is a scary emotion for young children, their parents, and caregivers. As this little bunny experiences the things that make her angry, she also learns ways to deal with her anger--ways that won't hurt others.

No More Mean Girls

The Essential Guide to Workplace Mediation and Conflict Resolution examines the nature, process, uses and skills for employing and using mediation. The authors examine what mediation is and how it can be successfully applied to resolve issues, by presenting a range of techniques and case studies. Applicable to not only one-on-one conflict, but also at team and board room level, this is the book for you whether you are in the front line and have to anticipate, pre-empt or defuse conflicts in support of productive working relationships, are already a mediator or are training to become one.

The Whole-Brain Child

The forest animals have a problem-the watering hole isn't big enough. Emo, a bear

cub, and his friend, a bird named "Chickie," know there must be a way to stop the fighting. Together with the forest animals, Emo and Chickie explore ways to work things out in a positive, constructive way. Skills that everyone can learn.

Conflict Management for Managers

NEW YORK TIMES BESTSELLER • The authors of No-Drama Discipline and The Yes Brain explain the new science of how a child's brain is wired and how it matures in this pioneering, practical book. "Simple, smart, and effective solutions to your child's struggles."—Harvey Karp, M.D. In this pioneering, practical book, Daniel J. Siegel, neuropsychiatrist and author of the bestselling Mindsight, and parenting expert Tina Payne Bryson offer a revolutionary approach to child rearing with twelve key strategies that foster healthy brain development, leading to calmer, happier children. The authors explain—and make accessible—the new science of how a child's brain is wired and how it matures. The "upstairs brain," which makes decisions and balances emotions, is under construction until the mid-twenties. And especially in young children, the right brain and its emotions tend to rule over the logic of the left brain. No wonder kids throw tantrums, fight, or sulk in silence. By applying these discoveries to everyday parenting, you can turn any outburst, argument, or fear into a chance to integrate your child's brain and foster vital growth. Complete with age-appropriate strategies for dealing with day-to-day struggles and illustrations that will help you explain these concepts to your child, *The Whole-Brain Child* shows you how to cultivate healthy emotional and intellectual development so that your children can lead balanced, meaningful, and connected lives. "[A] useful child-rearing resource for the entire family . . . The authors include a fair amount of brain science, but they present it for both adult and child audiences."—Kirkus Reviews "Strategies for getting a youngster to chill out [with] compassion."—The Washington Post "This erudite, tender, and funny book is filled with fresh ideas based on the latest neuroscience research. I urge all parents who want kind, happy, and emotionally healthy kids to read *The Whole-Brain Child*. This is my new baby gift."—Mary Pipher, Ph.D., author of *Reviving Ophelia* and *The Shelter of Each Other* "Gives parents and teachers ideas to get all parts of a healthy child's brain working together."—Parent to Parent

Parenting the Challenging Child

Raising Mediators explores how parents can implement mediation principles to teach their children collaborative problem solving, perspective taking, and empathy skills.

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