

The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Scripture on the Explication of Underlying Meaning, The Flowers That Never Fade Great Eastern Sun Early Buddhist Theory of Knowledge Stopping and Seeing The Flower Ornament Scripture The Great Treatise on the Stages of the Path to Enlightenment The Flower Ornament Scripture Translating Totality in Parts Entry Into the Realm of Reality Holy Teaching of Vimalakīrti The Buddhist Teaching of Totality Immortal Sisters Swampland Flowers The Just King Studies in the Lañkāvatāra Sūtra Taoist Ritual in Chinese Society and History Entry Into the Inconceivable Manifestation of the Tathāgata The Book of Common Prayer, and Administration of the Sacraments, Together with the Psalter Peaceful Action, Open Heart Buddhist Goddesses of India The Taoist Classics Hua-Yen Buddhism The Huayan University Network The Diamond Sutra and The Sutra of Hui-neng Avatamsaka Buddhism in East Asia The Buddha Nature The Qur'ān The Platform Sutra of the Sixth Patriarch The Flower Ornament Scripture The Method of No-Method The Eihei-kōroku The Flower Ornament Scripture Finding Rest in the Nature of the Mind The Śūraṅgama Sūtra Buddhism for Beginners Jesus Storybook Bible Inner Revolution Classics of Buddhism and Zen: Transmission of light. Unlocking the Zen Koan. The original face. Timeless spring. Zen antics. Record of things heard. Sleepless nights

Scripture on the Explication of Underlying Meaning, The

Immortal Sisters presents life stories and teachings of distinguished female Taoist adepts who lived from the third to twelfth centuries. Among them is the poet and mystic Sun Bu-er, who passed into folklore as one of the famous Seven Immortals and appears as a character in countless popular novels of China. These accomplished women, renowned in their own day and in history, represent a uniquely female heritage of spiritual mastery. Through poems, stories, teachings, and commentaries, Immortal Sisters sheds light on the spiritual methods taught and practiced by these women and illustrates the importance of the feminine in Taoism.

Flowers That Never Fade

Great Eastern Sun

The New York Times calls him "America's number one Buddhist." He is the co-founder of Tibet House New York, was the first American Tibetan Buddhist monk, and has shared a thirty-five-year friendship with the Dalai Lama. Now, Robert

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Thurman presents his first completely original book, an introduction to Buddhism and "an inspiring guide to incorporating Buddhist wisdom into daily life" (USA Today). Written with insight, enthusiasm, and impeccable scholarship, Inner Revolution is not only a national bestseller and practical primer on one of the world's most fascinating traditions, but it is also a wide-ranging look at the course of our civilization--and how we can alter it for the better. "Part spiritual memoir, part philosophical treatise and part religious history, Thurman's book is a passionate declaration of the possibilities of renewing the world" (Publishers Weekly, starred review).

Early Buddhist Theory of Knowledge

The Lotus Sutra is one of the most revered Mahayana texts, yet there are very few commentaries on it available in English. In this book, renowned Zen teacher Thich Nhat Hanh explores the Sutra's main theme — that everyone has the capacity to become a Buddha and that the Buddha nature is inherent in everything — while emphasizing that Buddha-nature is the basis for peaceful action. Hanh interprets the Sutra with his signature depth of vision, lucidity, and clarity, showing how both individuals and nations can use its wisdom to solve the many problems facing the world today. Invoking a wide range of current topics, from the threat of terrorism to the degradation of the environment to the Palestinian-Israeli crisis, he challenges the U.N. to change from an organization to an organism working for

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

peace and harmony. In doing so, he demonstrates the practical application of this sacred text to today's most pressing issues.

Stopping and Seeing

If you are a parent, grandparent, pastor, or teacher looking for a way to teach the children in your life about God's never stopping, never giving up, unbreaking, always and forever love, look no further than The Jesus Storybook Bible. What makes The Jesus Storybook Bible different from other kids' Bibles? While other kids' Bibles contain stories from the Old and New Testaments, The Jesus Storybook Bible tells the Story beneath all the stories in the Bible, pointing to Jesus as our Savior. From the Old Testament through the New Testament, as the Story unfolds, children will clearly see that Jesus is at the center of God's great story of salvation – and at the center of their story too. The Jesus Storybook Bible: Visually brings scripture to life for children ages 4-12 Contains 21 stories from the Old Testament & 23 stories from the New Testament Presents the best-loved stories of the Bible in an easy-to-understand format Features the bestselling writing of Sally Lloyd-Jones & award-winning illustrations of Jago Includes a durable hardcover and bright illustrations Is also ideal for adults looking to explore the Bible in a new way The Jesus Storybook Bible has sold over 2 million copies! Check out the rest of the series, The Jesus Storybook Bible Coloring Book, and the text-based version, The Story of God's Love for You.

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

The Flower Ornament Scripture

50th Anniversary Edition of a classic that has sold over 500,000 copies. A timeless message of hope and encouragement for the daily struggles of life complete with beautiful, floral watercolor illustrations. An inspirational classic helps to make sense out of life or make a difference in the lives of others.

The Great Treatise on the Stages of the Path to Enlightenment

Known in Chinese as Hua-yen and in Japanese as Kegon-kyo, the Avatamsaka Sutra, or Flower Ornament Scripture, is held in the highest regard and studied by Buddhists of all traditions. Through its structure and symbolism, as well as through its concisely stated principles, it conveys a vast range of Buddhist teachings. This one-volume edition contains Thomas Cleary's definitive translation of all thirty-nine books of the sutra, along with an introduction, a glossary, and Cleary's translation of Li Tongxuan's seventh-century guide to the final book, the Gandavyuha, "Entry into the Realm of Reality."

The Flower Ornament Scripture

The Great Treatise on the Stages of the Path to Enlightenment (Tib. Lam rim chen

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

mo) is one of the brightest jewels in the world's treasury of sacred literature. The author, Tsong-kha-pa, completed it in 1402, and it soon became one of the most renowned works of spiritual practice and philosophy in the world of Tibetan Buddhism. Because it condenses all the exoteric sūtra scriptures into a meditation manual that is easy to understand, scholars and practitioners rely on its authoritative presentation as a gateway that leads to a full understanding of the Buddha's teachings. Tsong-kha-pa took great pains to base his insights on classical Indian Buddhist literature, illustrating his points with classical citations as well as with sayings of the masters of the earlier Kadampa tradition. In this way the text demonstrates clearly how Tibetan Buddhism carefully preserved and developed the Indian Buddhist traditions. This second of three volumes covers the deeds of the bodhisattvas, as well as how to train in the six perfections.

Translating Totality in Parts

Entry Into the Realm of Reality

"The Indian Buddhist world abounds with goddesses--voluptuous tree spirits, maternal nurturers, potent healers and protectors, transcendent wisdom figures, cosmic mothers of liberation, and dancing female Buddhas. Despite their

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

importance in Buddhist thought and practice, these female deities have received relatively little scholarly attention, and no comprehensive study of the female pantheon has been available. Buddhist Goddesses of India is the essential and definitive guide to divinities that, as Miranda Shaw writes, "operate from transcendent planes of bliss and awareness for as long as their presence may benefit living beings." Beautifully illustrated, the book chronicles the histories, legends, and artistic portrayals of nineteen goddesses and several related human figures and texts. Drawing on a sweeping range of material, from devotional poetry and meditation manuals to rituals and artistic images, Shaw reveals the character, powers, and practice traditions of the female divinities. Interpretations of intriguing traits such as body color, stance, hairstyle, clothing, jewelry, hand gestures, and handheld objects lend deep insight into the symbolism and roles of each goddess. In addition to being a comprehensive reference, this book traces the fascinating history of these goddesses as they evolved through the early, Mahayana, and Tantric movements in India and found a place in the pantheons of Tibet and Nepal."--Publisher's website.

Holy Teaching of Vimalakṛti

"In Shambhala: The Sacred Path of the Warrior Chögyam Trungpa offers an inspiring and practical guide to enlightened living based on the Shambhala journey of warriorship, a secular path taught internationally through the Shambhala

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Training program. Great Eastern Sun: The Wisdom of Shambhala is a continuation of that path. Shambhala was an exploration of human goodness and its potential to create an enlightened society—a state that the author calls "nowness." And in that spirit of nowness, Great Eastern Sun—which is accessible to meditators and nonmeditators alike—centers on the question, "Since we're here, how are we going to live from now on?"

The Buddhist Teaching of Totality

The new and complete translation of the Muslim scripture by one of the world's most renowned translators of spiritual texts.

Immortal Sisters

The basic sutra of the Fa-hsiang School, this sūtra expounds the thought of the Yogacara or Mind-Only School (Vijnanavada), stating that all phenomena are manifestations of the mind. It belongs to the middle period of Indian Mahayana Buddhism and is considered to have been composed at the start of the fourth century A.D. It is divided into 8 chapters, and gives a detailed exposition of the philosophy of the Yogacara School. Judging from the fact that the greater part of this sutra is quoted in the Yogacarabhumi, and that numerous citations from it are

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

to be found in such works as the Mahayanasamgraha and Jo-yui-shiki-ron, it is clear that it exerted considerable influence in later times.

Swampland Flowers

Known in Chinese as Hua-yen and in Japanese as Kegon-kyo, the Avatamsaka Sutra, or Flower Ornament Scripture, is held in the highest regard and studied by Buddhists of all traditions. Through its structure and symbolism, as well as through its concisely stated principles, it conveys a vast range of Buddhist teachings. This one-volume edition contains Thomas Cleary's definitive translation of all thirty-nine books of the sutra, along with an introduction, a glossary, and Cleary's translation of Li Tongxuan's seventh-century guide to the final book, the Gandavyuha, "Entry into the Realm of Reality."

The Just King

Studies in the Laṅkāvatāra Sūtra

Taoist Ritual in Chinese Society and History

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Hua-yen is regarded as the highest form of Buddhism by most modern Japanese and Chinese scholars. This book is a description and analysis of the Chinese form of Buddhism called Hua-yen (or Hwa-yea), Flower Ornament, based largely on one of the more systematic treatises of its third patriarch. Hua-yen Buddhism strongly resembles Whitehead's process philosophy, and has strong implications for modern philosophy and religion. Hua-yen Buddhism explores the philosophical system of Hua-yen in greater detail than does Garma C.C. Chang's *The Buddhist Teaching of Totality* (Penn State, 1971). An additional value is the development of the questions of ethics and history. Thus, Professor Cook presents a valuable sequel to Professor Chang's pioneering work. The Flower Ornament School was developed in China in the late 7th and early 8th centuries as an innovative interpretation of Indian Buddhist doctrines in the light of indigenous Chinese presuppositions, chiefly Taoist. Hua-yen is a cosmic ecology, which views all existence as an organic unity, so it has an obvious appeal to the modern individual, both students and layman.

Entry Into the Inconceivable

This user's guide to Buddhist basics takes the most commonly asked questions—beginning with "What is the essence of the Buddha's teachings?"—and provides simple answers in plain English. Thubten Chodron's responses to the

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

questions that always seem to arise among people approaching Buddhism make this an exceptionally complete and accessible introduction—as well as a manual for living a more peaceful, mindful, and satisfying Life. Buddhism for Beginners is an ideal first book on the subject for anyone, but it's also a wonderful resource for seasoned students, since the question-and-answer format makes it easy to find just the topic you're looking for, such as: • What is the goal of the Buddhist path? • What is karma? • If all phenomena are empty, does that mean nothing exists? • How can we deal with fear? • How do I establish a regular meditation practice? • What are the qualities I should look for in a teacher? • What is Buddha-nature? • Why can't we remember our past lives?

Manifestation of the Tathāgata

Entry Into the Inconceivable is an introduction to the philosophy of the Hua-yen school of Buddhism, one of the cornerstones of East Asian Buddhist thought. Cleary presents a survey of the unique Buddhist scripture on which the Hua-yen teaching is based and a brief history of its introduction into China. He also presents a succinct analysis of the essential metaphysics of Hua-yen Buddhism as it developed during China's golden age and full translations of four basic texts by seminal thinkers of the school.

The Book of Common Prayer, and Administration of the Sacraments, Together with the Psalter

A translation of a popular Buddhist work on worldly ethics by Tibet's most famous philosopher. Leadership. Power. Responsibility. From Sun Tzu to Plato to Machiavelli, sages east and west have advised kings and rulers on how to lead. Their motivations and techniques have varied, but one thing they all have had in common is that their advice has been as relevant to the millions who have read their works as it has been to the few kings and princes they were, on the surface, addressed to. The nineteenth-century Buddhist monk and luminary Jamgön Mipham's letter to the king of Dergé, whose small kingdom straddled China and Tibet during a particularly turbulent period, is similar in the universality of its message. This work, however, is unique in that it stresses compassion, impartiality, self-control, and virtue as essential for long-lasting success—whether as a leader or an individual trying to live a meaningful life. Mipham's historic contribution to ethics and governance, until now little studied outside of Buddhist circles, teaches us the importance of protecting life, fair taxation, environmental sustainability, aiding the poor, and freedom of religion. Both present day leaders and those they lead will find this classic work, finally available in English, profoundly illuminating on political, societal, and personal levels.

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Peaceful Action, Open Heart

Translating Totality in Parts offers an annotated translation of two of preeminent Chinese Tang dynasty monk Chengguan's most revered masterpieces. With this book, Chengguan's Commentaries to the Avatamsaka Sutra and The Meanings Proclaimed in the Subcommentaries Accompanying the Commentaries to the Avatamsaka Sutra are finally brought to contemporary Western audiences. Translating Totality in Parts allows Western readers to experience Chengguan's important contributions to the religious and philosophical theory of the Huayan and Buddhism in China.

Buddhist Goddesses of India

A Buddhist text discusses the ten stages of enlightenment, the universal good, the qualities of the Buddha, and detachment from the world

The Taoist Classics

In the early twentieth century, Chinese Buddhists sought to strengthen their tradition through publications, institution building, and initiatives aimed at raising the educational level of the monastic community. In The Huayan University

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Network, Erik J. Hammerstrom examines how Huayan Buddhism was imagined, taught, and practiced during this time of profound political and social change and, in so doing, recasts the history of twentieth-century Chinese Buddhism. Hammerstrom traces the influence of Huayan University, the first Buddhist monastic school founded after the fall of the imperial system in China. Although the university lasted only a few years, its graduates went on to establish a number of Huayan-centered educational programs throughout China. While they did not create a new sectarian Huayan movement, they did form a network unified by a common educational heritage that persists to the present day. Drawing on an extensive range of Buddhist texts and periodicals, Hammerstrom shows that Huayan had a significant impact on Chinese Buddhist thought and practice and that the history of Huayan complicates narratives of twentieth-century Buddhist modernization and revival. Offering a wide range of insights into the teaching and practice of Huayan in Republican China, this book sheds new light on an essential but often overlooked element of the East Asian Buddhist tradition.

Hua-Yen Buddhism

The volume about Avatamsaka Buddhism in East Asia is the result of a symposium organized in France in 2008. 15 contributions reflect the ways of manifestation and of expression of Huayan doctrines in several geographical regions and at different periods. Compared with previous valuable studies, the present volume intends to

Read Book *The Flower Ornament Scripture A Translation Of Avatamsaka Sutra* Thomas Cleary

open broader perspectives, to give the opportunity to develop opened problematics, based on primary sources, textual and iconological. The Avatamsaka doctrines have developed particular ways of expression and paradigms on the Chinese soil, as a sinized Buddhism, they may be said to have achieved a philosophical revolution in the history of Mahayana: the Absolute is not the goal of the philosophical and soteriological inquiry, but its point of departure. The world is not only an illusion to be transcended but a manifestation of this very Absolute. The Avatamsaka can be seen as the backbone of influential currents, the Chan or Zen, the Tiantai or Tendai, the Ritualistic Buddhism, the Pure Land teachings, as well as the Song studies. The renewal of problematics on history of religion in the Far East region, as the so-called combined scheme simultaneously philosophical (exoteric) and ritualist (esoteric), gives a meaning to the approach of Avatamsaka current as common denominator linked from China till the Qitan region to Korea and Japan.

The Huayan University Network

This is the first comprehensive English-language introduction to Taoist ritual both for the scholar and the general reader. In this splendid account, Taoism is presented as a system of religious symbol and action deeply rooted in centuries of Chinese social life. In vivid detail, Lagerwey describes the intricacies of Taoist rituals as performed by a single Taoist priest in present-day Taiwan. With the methodology of a literary critic, he explains what the Taoist priests have done, and

Read Book *The Flower Ornament Scripture A Translation Of Avatamsaka Sutra* Thomas Cleary

continue to do, as intercessors acting to protect their communities, and what these beliefs and practices mean to the followers.

The Diamond Sutra and The Sutra of Hui-neng

What does it mean to be a Buddha? Here is a rare glimpse of the sublime realm of Buddhahood.

Avatamsaka Buddhism in East Asia

A definitive English translation of the Platform Sutra. Includes a detailed historical introduction on the history and legends of Ch'an Buddhism, and discussions and analysis of the Platform Sutra.

The Buddha Nature

Originally published in 1971. Long regarded as a classic, this volume is one of the most systematic treatments of Hwa Yen to have appeared in the English language. With excellently translated selections of Hwa Yen readings, factual information and discussion, it is highly recommended to readers whose interests in Buddhism incline toward the metaphysical and phenomenological.

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

The Qur'ān

The author of this volume, an accomplished philologist, historian and philosopher, analyzes the relevant earlier and later texts and traces the epistemological foundations of Pali canonical thought from the Vedic period onwards. Originally published in 1963, it sheds new light on later developments and elucidates from the Indian point of view some of the basic problems of the conflict between metaphysics and logical and linguistic analysis.

The Platform Sutra of the Sixth Patriarch

Presents instructions, meditation guides, quotations, letters, essays, dialogues, and other writings by Zen masters over the centuries that were translated and published over a period of thirty years.

The Flower Ornament Scripture

The title Lankavatara might mean entering Lanka (Perhaps referring to the temporary Mahayana period of Ceylon), suggesting that the doctrine of this scripture are possibly consistent with earlier Buddhism preserved in the Pali language. Suzuki has greatly helped the reader of the basic scripture by discussing

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

the main ideas. He tells how to study this scripture, compares it with the popular Zen Buddhism discusses such typical and important doctrines as Mind-only the Triple body of the Buddha and many minor topics. Suzuki is both an exacting scholar and an understanding exponent of these difficult concepts. He adds a Sanskrit-Chinese-English Glossary, and also an Index. This work is essential for grasping the main ideas of the scripture.

The Method of No-Method

The Diamond Sutra, composed in India in the fourth century CE, is one of the most treasured works of Buddhist literature and is the oldest existing printed book in the world. It is known as the Diamond Sutra because its teachings are said to be like diamonds that cut away all dualistic thought, releasing one from the attachment to objects and bringing one to the further shore of enlightenment. The format of this important sutra is presented as a conversation between the Buddha and one of his disciples. The Sutra of Hui-neng, also known as the Platform Sutra, contains the autobiography of a pivotal figure in Zen history and some of the most profound passages of Zen literature. Hui-neng (638–713) was the sixth patriarch of Zen in China, but is often regarded as the true father of the Zen tradition. He was a poor, illiterate woodcutter who is said to have attained enlightenment upon hearing a recitation of the Diamond Sutra. Together, these two scriptures present the central teaching of the Zen Buddhist tradition and are essential reading for all students of

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

Buddhism.

The Eihei-kōroku

One of the fundamental tenets of Mahayana Buddhism animating and grounding the doctrine and discipline of its spiritual path, is the inherent potentiality of all animate beings to attain the supreme and perfect enlightenment of Buddhahood. This book examines the ontological presuppositions and the corresponding soteriological-epistemological principles that sustain and define such a theory. Within the field of Buddhist studies, such a work provides a comprehensive context in which to interpret the influence and major insights of the various Buddhist schools. Thus, the dynamics of the Buddha Nature, though non-thematic and implicit, is at the heart of Zen praxis, while it is a significant articulation in Kegon, Tendai, and Shingon thought. More specifically, the book seeks to establish a coherent metaphysics of absolute suchness (Tathata), synthesizing the variant traditions of the Tathagata-embryo (Tathagatagarbha) and the Storehouse Consciousness (Alayavijnana). The book's contribution to the broader field of the History of Religions rests in its presentation and analysis of the Buddhist Enlightenment as the salvific-transformational moment in which Tathata awakens to itself, comes to perfect self-realization as the Absolute suchness of reality, in and through phenomenal human consciousness. The book is an interpretation of the Buddhist Path as the spontaneous self-emergence of

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

`embryonic` absolute knowledge as it comes to free itself from the concealments of adventitious defilements, and possess itself in fully self-explicated self-consciousness as the `Highest Truth` and unconditional nature of all existence; it does so only in the form of omniscient wisdom.

The Flower Ornament Scripture

This collection of translated texts includes: • Understanding Reality: A Taoist Alchemical Classic: A tenth-century text on the principles of inner alchemy. • The Inner Teachings of Taoism: The essentials of self-transformation according to the Complete Reality School of Taoism, with commentary by Liu I-ming. • The Book of Balance and Harmony: These essays, conversations, poetry, and songs about the secrets of Taoism teach how to live a centered and orderly life. • Practical Taoism: A collection of the most accessible of the texts on inner alchemy.

Finding Rest in the Nature of the Mind

The Śūraṅgama Sūtra

Buddhism for Beginners

A Buddhist text discusses the ten stages of enlightenment, the universal good, the qualities of the Buddha, and detachment from the world

Jesus Storybook Bible

"Stopping" and "seeing" are sometimes referred to as the yin and yang of Buddhist meditation—complementary twin halves of a unified whole. In essence, "stopping and seeing" refers to stopping delusion and seeing truth, processes back to basic Buddhist practice. One of the most comprehensive manuals written on these two essential points of Buddhist meditation is "The Great Stopping and Seeing," a monumental work written by sixth-century Buddhist master Chih-i. Stopping and Seeing, the first translation of this essential text, covers the principles and methods of a wide variety of Buddhist meditation techniques and provides an in-depth presentation of the dynamics of these practices.

Inner Revolution

Here is a spiritual practice that is simple enough for anyone to learn, yet rich enough to be worked with for a lifetime. The traditional Chan (Chinese Zen)

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

practice called Silent Illumination begins with simply putting aside all thoughts except the awareness of oneself “just sitting.” The practice is so simple in execution that it has sometimes been called the “method of no-method,” yet to master it, the practitioner must first grasp the method in order to learn how to let go of it. When fully penetrated, this radical form of emptying one’s busy mind-stream leads to perception of the vast ocean of pure awareness. Silent Illumination is closely related to the Japanese Zen practice called shikantaza, and Master Sheng Yen’s teachings on it will be of great value to Zen students as well as to Buddhist practitioners of all the traditions. The book, based on talks the author gave during retreats, begins with instruction in Silent Illumination practice with detailed discussion of method, approach, and how to deal with difficulties that arise. Master Sheng Yen then proceeds to provide commentary on a well known Chan text that illuminates the practice and the philosophy behind it.

Classics of Buddhism and Zen: Transmission of light. Unlocking the Zen Koan. The original face. Timeless spring. Zen antics. Record of things heard. Sleepless nights

A new translation of Longchenpa’s famous work that presents the entire scope of the Buddhist view combined with pith instructions pointing out the nature of one’s mind. Longchenpa’s classic Buddhist manual for attaining liberation teaches us

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka Sutra Thomas Cleary

how to familiarize ourselves with our most basic nature—the clear, pristine, and aware mind. Written in the fourteenth century, this text is the first volume of Longchenpa’s Trilogy of Rest, a work of the Tibetan Dzogchen tradition. This profound and comprehensive presentation of the Buddhist view and path combines the scholastic expository method with direct pith instructions designed for yogi practitioners. This first part of the Trilogy of Rest sets the foundation for the following two volumes: Finding Rest in Meditation, which focuses on Tibetan Buddhist meditation practice, and Finding Rest in Illusion, which focuses on post-meditation yogic conduct. The Padmakara Translation Group has provided us with a clear and fluid new translation to Finding Rest in the Nature of the Mind along with selections from its autocommentary, The Great Chariot, which will serve as a genuine aid to study and meditation. Here, we find essential instructions on the need to turn away from materialism, how to find a qualified guide, how to develop boundless compassion for all beings, along with the view of tantra and associated meditation techniques. The work culminates with pointing out the result of practice as presented from the Dzogchen perspective, providing us with all the tools necessary to traverse the Tibetan Buddhist path of finding rest.

Read Book The Flower Ornament Scripture A Translation Of Avatamsaka
Sutra Thomas Cleary

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES &
HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#)
[LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)